



# INSIGHT Mental Health

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Member of the Australia Psychological Society

Specialising in the treatment of:

- Depression
- Anxiety

Provider of psychological assessment and therapy for other mental health problems including:

- Phobias
- Panic
- Adjustment disorder
- Bereavement
- Post-traumatic stress disorder
- Eating disorders
- Obsessive Compulsive disorder
- Bipolar disorder
- Schizophrenia
- Sleep problems
- Personality issues

Counselling and therapy provided for:

- Families
- Couples (Couple Care & Relate Program)
- Group
- Individuals
  - Children
  - Adolescents
  - Adults
  - Older persons

Other Services:

- Cognitive Assessment
- Neuropsychological Assessment
- Memory & Dementia Screening
- Employee Assistance Program
- Stress Management
- Medicolegal reports

MEDICARE REBATE:  
SPECIALIST CLINICAL  
PSYCHOLOGIST RATE



